

World Powerlifting Federation

WPF

World Bench Press

Mens - Womens Records

Last Updated: 12 APRIL 2008



Order Of Records

Teenage 15-19

Junior 20-23

Open

Master 40-44

Master 45-49

Master 50-54

Master 55-59

Master 60-64

Master 65-69

Master 70-74

Master 75-79

Master 80+

WPF World Powerlifting Records - Men's					
Teenage 15-19					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress	77.5	Thorben Sartory	Ger	29.04.07
60kg	Benchpress	135	Birring, Gurnaik	GB	25.11.07
67.5kg	Benchpress	130	Singh, Harinder	Ind	16.11.03
75kg	Benchpress	155	David Acosta Carrillo	Mex	25.11.04
82.5kg	Benchpress	145	Richter, Steve	Ger	29.04.07
90kg	Benchpress	182.5	Sager, Waldemar	Ger	26.06.05
100kg	Benchpress	150	Foster, Dave	IRL	24.11.06
110kg	Benchpress	147.5	Spencer, C.	USA	17.12.99
125kg	Benchpress	72.5	Marius Krüger	Ger	29.04.07
140kg	Benchpress				
140kg+	Benchpress	210	Cooper, John	USA	12.08.07

WPF World Powerlifting Records - Women's					
Teenage 15-19					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress	25	Bilousova, Olga	Ukr	22.06.06
52kg	Benchpress				
56kg	Benchpress	57.5	Bartek, D.	USA	17.12.99
60kg	Benchpress	135	Birring, Gurnail	Eng	25.11.07
67.5kg	Benchpress				
75kg	Benchpress	60	Tassi, A.	Ita	
82.5kg	Benchpress	62.5	Heese, J	Ger	26.06.05
90kg	Benchpress	62.5	Heese, J	Ger	14.05.06
90kg+	Benchpress	65	Kruk, Karolina	Pol	

WPF World Powerlifting Records - Men's					
Junior 20-23					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress	125	Harrison, J.	USA	17.12.99
60kg	Benchpress				
67.5kg	Benchpress	147.5	Gijsbertsen, Lucas	Ned	26.06.04
75kg	Benchpress	220.5	Schickger, M.		17.12.99
82.5kg	Benchpress	205	Velygen, Iaroslav	Ukr	22.06.06
90kg	Benchpress	217.5	Hoffmann, Jacob	Ger	
100kg	Benchpress	220	Butler, Greg	USA	25.11.07
110kg	Benchpress	227.5	Quirke, Jason	IRL	24.11.06
125kg	Benchpress	240	Walter, Alexej	Ger	11.06.05
140kg	Benchpress				
140kg+	Benchpress	175	Palomino, Ramon	Mex	24.11.06

WPF World Powerlifting Records - Women's					
Junior 20-23					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress	42.5	Rödl, Katja	Ger	
52kg	Benchpress	55	Chaparro, Haidi	Mex	25.11.07
56kg	Benchpress	42.5	Decker, Alex	USA	12.08.07
60kg	Benchpress	70	Metz, M.	Ger	
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress	82.5	Bialostocki, Adriana	Ger	26.06.05
90kg	Benchpress				
90kg+	Benchpress	85	Kruk, Karoline	Pol	20.06.03

WPF World Powerlifting Records - Men's					
Open					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress	120	Huppke, Gunar	Ger	
60kg	Benchpress	130	Guido, William	Mex	25.11.07
67.5kg	Benchpress	175	Gijsbertsen, Lucas	Ned	22.06.06
75kg	Benchpress	245	Schick, Markus	Ger	
82.5kg	Benchpress	242.5	Masello, Bob	USA	12.08.07
90kg	Benchpress	230	Wiak, Jacek	GB	27.04.03
100kg	Benchpress	251	Garten, Michael	Ger	22.06.06
110kg	Benchpress	242.5	Goldberg, Fred	USA	12.08.07
125kg	Benchpress	282.5	Hoekstra, Scott	USA	12.08.07
140kg	Benchpress	265	Pavlov, Yevheniy	Ukr	22.06.06
140kg+	Benchpress	307.5	Rees. Jason	GB	22.06.07

WPF World Powerlifting Records - Women's					
Open					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress	65	Ana maria Gonzalez	Mex	25.11.04
52kg	Benchpress	82.5	Raquel Porras Franco	Mex	11.11.05
56kg	Benchpress	85	Seabright, Alison	GB	26.06.05
60kg	Benchpress	92.5	Brenda Aguirre Terrazas	Mex	25.11.03
67.5kg	Benchpress	107	Jacobsen, Mary	USA	17.12.99
75kg	Benchpress	145	Keidel, V.	Ger	
82.5kg	Benchpress	85	Bialostocki, Adriana	Ger	14.05.06
90kg	Benchpress	120	Barbee, S.	USA	17.12.99
90kg+	Benchpress	92.5	Lihrmann, T	Ger	26.06.04

WPF World Powerlifting Records - Men's					
Master 40-44					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress	145	Fialdini, I.	Ita	
		145	Weingust, S.		17.12.99
75kg	Benchpress	150	Scire, M.	Ita	
82.5kg	Benchpress	215	Marescotti, Stefano	Ita	
90kg	Benchpress	197.5	Beniston, Phil	GB	22.06.06
100kg	Benchpress	232.5	Brown, Tony	GB	26.06.05
110kg	Benchpress	240	Brown, Tony	GB	24.11.06
125kg	Benchpress	272.5	Hoekstra, Scott	USA	12.08.07
140kg	Benchpress	255	Potts, James	USA	25.11.07
140kg+	Benchpress	217.5	Fricker, Richard	GB	25.11.04
WPF World Powerlifting Records - Women's					
Master 40-44					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress	65	Gonzalez, Ana	Mex	24.11.06
52kg	Benchpress				
56kg	Benchpress	82.5	Seabright, Alison	GB	22.06.07
60kg	Benchpress	92	Shendow, Lynda	USA	17.12.99
67.5kg	Benchpress	107	Jacobsen, Maryt	USA	17.12.99
75kg	Benchpress				
82.5kg	Benchpress	85	Pearcy, Jeanette	GB	16.11.03
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 45-49					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress	140	Sieg, Uwe	Ger	11.11.05
75kg	Benchpress	150	Hoppenbrowoure, Coen	Ned	16.11.03
82.5kg	Benchpress	165	Hoppenbrowoure, Coen	Ned	24.11.06
90kg	Benchpress	200.5	Gomez, Victor	Mex	25.11.07
100kg	Benchpress	210.5	Riede, Fred	Ger	
110kg	Benchpress	245	Goldberg, Frederick	USA	25.11.07
125kg	Benchpress	235	Butzelaar, Eric	Ned	20.06.03
140kg	Benchpress	225	Holleitner, Gerhard	Aut	14.05.06
140kg+	Benchpress	205	Fricker, Richard	GB	22.06.06

WPF World Powerlifting Records - Women's					
Master 45-49					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress	72.5	Dora Alicia Puente	Mex	25.11.04
56kg	Benchpress	67.5	Dora Alicia Puente	Mex	24.11.06
60kg	Benchpress				
67.5kg	Benchpress	92.5	Giachellini, Ofelia	Ita	
75kg	Benchpress	52.5	Evans, Linda	GB	24.11.06
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 50-54					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress	110	Heindl, Martin	Aut	22.06.07
82.5kg	Benchpress	130	Alain Mathieu Cornu	Mex	25.11.04
90kg	Benchpress	202.5	Winklareth, Michael	Ger	25.11.07
100kg	Benchpress	225	Riede, Fred	Ger	11.11.05
110kg	Benchpress	217.5	Elbert, Vastenburg	Ned	22.06.06
125kg	Benchpress	220	Maule, Gerd	Ger	11.06.05
140kg	Benchpress	190	Aerts, Alan	USA	12.08.07
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 50-54					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress	70	Puento, Dora	Mex	25.11.07
56kg	Benchpress	90	Hollis, Tony	GB	22.04.06
60kg	Benchpress				
67.5kg	Benchpress	85	Butzelaar, Marry	Ned	26.06.05
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress	52.5	Rubic-Tawzer, Mary	USA	12.08.07

WPF World Powerlifting Records - Men's					
Master 55-59					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress	120	Fidilio, Antonio	Ger	20.06.03
75kg	Benchpress	145	Mastrapasqua, Mauro	Ita	
82.5kg	Benchpress	172.5	Meier, Hurley	USA	12.08.07
90kg	Benchpress	165	Birring, Jarnail	GB	25.11.07
100kg	Benchpress	177.5	Birring, Jarnail	GB	26.06.05
110kg	Benchpress	207.5	Seul, Franz	Lux	25.11.04
125kg	Benchpress	180	Acey, Ed	USA	17.12.99
140kg	Benchpress	170	Carter, David	GB	25.11.04
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 55-59					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress	50	Uribe, Maria	Mex	24.11.06
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 60-64					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress	147.5	Mastrapasqua, Mauro	ITA	11.11.05
82.5kg	Benchpress	152.5	Lozano, R.	USA	17.12.99
90kg	Benchpress	150	Tiano, A.		17.12.99
100kg	Benchpress	140	Hildebrandt, Lothar	Ger	26.06.05
110kg	Benchpress	200	Kurscheit, Klaus	Ger	
125kg	Benchpress	125	Mazzucco, Salvatore	ITA	11.11.06
140kg	Benchpress				
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 60-64					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress	60	Uribe, Maria	Mex	25.11.07
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 65-69					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress	85.5	Muller, Werner	Ger	11.06.05
82.5kg	Benchpress				
90kg	Benchpress				
100kg	Benchpress	155	Hoerler, Luis	CH	
110kg	Benchpress				
125kg	Benchpress				
140kg	Benchpress				
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 65-69					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 70-74					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress	95	Muller, Werner	Ger	11.11.05
82.5kg	Benchpress				
90kg	Benchpress				
100kg	Benchpress				
110kg	Benchpress	125	Bradley, Bill	USA	25.11.07
125kg	Benchpress	165	Herrera, Danny	USA	12.08.07
140kg	Benchpress				
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 70-74					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 75-79					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress	95	Conti, Luigi	Ita	
100kg	Benchpress				
110kg	Benchpress				
125kg	Benchpress				
140kg	Benchpress				
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 75-79					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				

WPF World Powerlifting Records - Men's					
Master 80+					
Class	Lift	Kg	Name	Country	Date
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
100kg	Benchpress				
110kg	Benchpress				
125kg	Benchpress				
140kg	Benchpress				
140kg+	Benchpress				
WPF World Powerlifting Records - Women's					
Master 80+					
Class	Lift	Kg	Name	Country	Date
48kg	Benchpress				
52kg	Benchpress				
56kg	Benchpress				
60kg	Benchpress				
67.5kg	Benchpress				
75kg	Benchpress				
82.5kg	Benchpress				
90kg	Benchpress				
90kg+	Benchpress				